

ALL TOGETHER

THE HIGHS AND LOWS OF FUNDING

This month we're celebrating a record profit from our shops but acknowledging the constraints of funding for our charity from the Integrated Care Board, as our Chief Executive Paul Brinsley explains;



"We're about to announce the huge news that our shops and donation centres have achieved their greatest ever profit! In the last financial year they collectively raised enough to provide a massive £1.65 million contribution to the cost of providing the care we are proud to offer the people of Cornwall. Congratulations to you all, staff and volunteers, who make our retail operation so successful! Do take a look at this fantastic video [HERE](#) that our communications team have produced (with your help) and that will be shared across our social media channels tomorrow (Tuesday 21st May).

There are other successes to report from the last financial year; people kindly left gifts in their Wills to the value of £2.34 million, fundraising provided £750,000 towards our care costs and our lottery contributed £462,000. This all represents a great deal of hard work and it's much appreciated by me and the Executive Team, our Board of Trustees and those whose lives we touch.



I don't want to dampen the celebration, but we're also part of a national campaign to improve the grant we receive from the government via our local Integrated Care Board (ICB). I recently hosted a visit to Mount Edgcumbe Hospice of our local MP Steve Double who mentioned the extremely low grant we receive in an address to parliament during a debate about hospice funding. I thanked him for doing this but fear we won't see an increase. The reality is that the funds given to our local ICB by the government are under significant stress from all areas of care, including charities like us and the wider NHS.



It means we have to rely on our own income generating efforts, so thank you for all you have done in the last financial year and here's to working together to keep the funds coming in during 2024/2025. We have a great community in Cornwall who we know will help as much as they can and then there's all of you with your enthusiasm and commitment. We can do this, and we will, for all those who need us now and will need us in the future."

SPRUCING UP AT ST JULIA'S

The courtyard at St Julia's Hospice has been a hive of activity and here to explain why is Tamsin Beresford, our Volunteer Administrator;



"Finally, Hayle has had some sunshine! The job of painting the central garden wall at St Julia's Hospice has been planned for quite some time, but due to the inclement Cornish weather, the hospice garden wall project has been delayed once already. However, with the help of our appointed weather watchers Owen (pictured left) and Andrew, a long enough break in the rain was spotted to dry out the wall and rush in the troops at short notice.

Our amazing volunteer gardeners have been working hard in preparation for the final painting day, cutting back and clearing the plants clinging to the wall and to make way for repairs. The garden looks fabulous for patients to look out on, now that the drab wall has been given a face lift. It was a wonderful day working in the sunshine, with Tammy Thorne, Karen Bell, Owen Crocker and me painting the wall.



Mel Purser and Lizzy Thierens meanwhile, planted out the new herb garden. (Our kitchen staff are delighted). We're always grateful to receive plant donations and bags of compost! The plants we need in the garden are:

Lavenders, Santolinas, Curry plants, Helianthemums/rock roses, Potentillas, Pinks, Marguerite daisies and Hebes.

FONTANA TRANQUILLITY GARDEN UPDATE

This very special garden, donated by Derek Bishop after being exhibited at the NEC in Birmingham last year, will be officially opened at a media event on Sunday 23rd June.

However, there'll be a chance for staff and volunteers from Mount Edgumbe Hospice to take a closer look at an afternoon gathering before this date. *Watch out for a date coming soon.*

All will be welcome to pop in to see this extraordinary garden that's been created for patients, their families and our own teams.



Meanwhile, garden lovers visiting the original Fontana Garden at Tywardreath recently, deserve a big thank you. They helped owner Derek Bishop and his partner Marina raise a superb £800 for our charity!

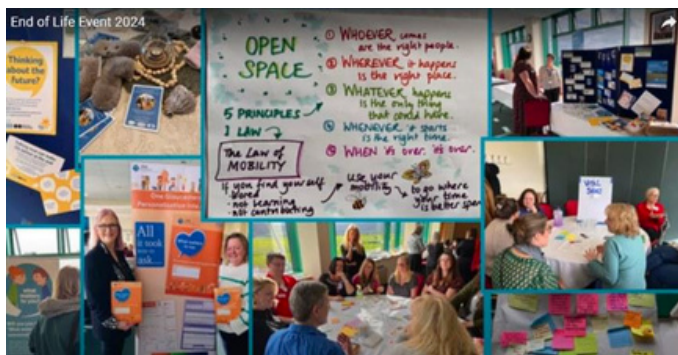


On the day the weather was kind, the gardens beautiful and the visitors generous. Derek and Marina are pictured here being thanked by our team member Tamsin Thomas. They're opening their beautiful garden again for us in July, find out more [HERE](#).

South West End of Life Networking Day

Lollie Brewer Community Engagement Officer, updates us on a networking day at Taunton Racecourse that she attended with Lisa Shephard Clinical lead, Siobhan Aris Advanced Nurse Practitioner, Hayley Sheils Education Facilitator and Consultant Dr Mel Huddart:

"It's always good to see familiar faces and discuss the subject issues that interest us, to connect, reconnect and inspire one another. There was an opportunity to share our work with our 'marketplace' table display where there was much interest in our services. Also a big hit were our end of life guides for both patients and carers.



Community Services help chair the UK Hospice Community Engagement Network and thanks to the networking day's WhatsApp® group, I was able to share the joining information and we now have almost a quarter of all the UK's hospices signed up to this quarterly learning and sharing session!

There were 'Table Talks' on a variety of subjects in both the morning and the afternoon. I was fortunate to facilitate a table in the afternoon asking 'Are we responding and supporting the end of life needs of those in less well heard communities?'



All together well worth the time and effort to get there. Cornwall Hospice Care is firmly on the end of life conversation map!

TRURO VOLUNTEERING DAY

On Sunday 21st April, Truro held its first ever city-wide Celebration of Volunteering. In total 32 local charities and organisations working in and around the city for a variety of great causes, were represented by staff, volunteers, recipients and supporters. Amanda Addo our Volunteer Engagement Manager, reports;

"The sun shone and with stall holders and visitors alike entertained by a lively choir, the day was positively hosted and managed. I was joined by Noah Crutchfield, Retail Regional Manager West and Dionne Eaton, Retail Manager Truro City who spent time throughout the event on our Cornwall Hospice Care stand.



We talked to local people and visitors to the city about the amazing work our charity delivers for Cornwall's community and encouraged them to think about becoming volunteers. As a first event it was a quiet day, but it was good to have the chance to promote our great cornish charity."



NEWLY LAUNCHED EMPLOYEE VOICE GROUPS



Have you heard about our new Employee Voice Groups? They replace the former Staff Forum and we're looking for people to join them.

Being part of a staff representative group is rewarding and provides a perfect opportunity to speak up for colleagues. You might have a great money saving idea, a sustainability suggestion or questions about how our charity operates. The groups are the perfect place to raise ideas, issues and queries.

There'll be three groups - one each at Mount Edgcumbe Hospice, St Julia's Hospice and one at Daniel's Lane that'll cover retail, fundraising, lottery, accounts and IT. There'll also be a central group meeting for all representatives once a year.

If you're interested contact our HR team at the email address hr@cornwallhospice.co.uk and they'll tell you more.

TEAM CAR STICKERS

Are you displaying one of our new Team Member car stickers on your windscreen? You need to if you're visiting either of our hospices where parking is under pressure. You can get a sticker from our Maintenance teams.



PEOPLE NEWS

WELCOME

A warm welcome to Laura Sanders who join us as a Community Services Support Worker and David Mullins, Maintenance Technician. Congratulations to this month's 'mover and groover' Wendy Rowe who was a Nurse at Mount Edgumbe Hospice and is now a Complimentary Therapist.

We bid a fond farewell to Charlotte Naylor, Carl Leavy and Helen Shingfield who're all Retail Deputy Managers (though Helen is staying on as a volunteer) and Laura Hibberd Clinical Fellow at Mount Edgumbe.



This picture was taken at the April Meet and Greet session and includes from left to right: Dr Sanath Katipalla, volunteer Michelle Jones, Dr Aiman Maroof, Amy Mahon who works in our Donation Centres, volunteer Wendy Neighbour and Finance Director Will Hood.

Last week's Meet and Greet session was held at St Julia's and amongst those attending were (from left to right) Mary Wilcock volunteer receptionist, Sheelagh Barton bereavement support volunteer, Alice Thomas who volunteers in the kitchen at St Julia's, Nancy Hudon ward volunteer and Graham Stevens and 'Rooster' the dog, Pets as Therapy volunteers.





STRIDEing OUT FOR CHARITY



How's this for a challenge - a 630 mile walk around the South West coast path from Minehead to Bournemouth? Never one to shy away from a task, our Education Facilitator Chris Starnes is taking on this extraordinary route to raise funds for our charity and for STRIDE, an organisation that supports young people doing outdoor activities, such as the Ten Tors.

"I started on Saturday 18th May at Minehead by a beautiful sculpture of hands holding a map. I'll just keep the sea on my right and walk! I'm planning to call in at our charity shops that are near the coast and to both of our hospices." Chris is aiming to complete the challenge uninterrupted, spending his nights in a tent and the occasional B&B.

"I've done the Cotswolds Route, The Ridge Way, The Thames Tow Path, the Southdowns Way and the Wolds Way so this is an obvious choice. I'm doing it because I love walking and I enjoy meeting people and having random and unexpected chats. You know, those odd moments when you share a thought or a memory with a stranger and you walk on knowing you'll always remember the encounter."



Chris is an amateur artist too and hopes to draw and paint some of the views along his route; "I may even try selling a few to make more money for my chosen organisations."



Chris says he also enjoys thinking and won't have time to be tired or bored; "I'll be constantly ticking off lists in my head of where I'm going to stay, how the day is likely to pan out, what I'm going to eat and then there's that lovely end of day feeling to look forward to when you stop and reflect."

Chris is fundraising [HERE](#) for us and for STRIDE, as well as running tombolas and he hopes to collect on the route; "£500 is my target but any support is good. I'm hoping people will see I can do it and it will inspire them to take on a similar challenge, getting outside and active while supporting Cornish organisations."

PERRAN POWERSAVER CALLING

Hi Guys!



I've been talking to Liam in our IT department and I've got an update for you on our printing stats. High time we did this as the last time I chased you all about watching how much you print was January! Bronze stars all round - you've slightly lowered the overall printing figure from 29,168 pages in January to 28,679 in April – brilliant. You've reduced the colour printing too, down from 71% to 69%. However, only 42% of what your print is in greyscale, down from 52% in January – your report reads "could do better".

So, Perran Powersavers, here's the environmental stats for April:

The total printer energy used since January is equivalent to 22,804 hours of an average lightbulb being on.



Total CO2 emissions equal 364.2kg

And this is a real worry – our printing since January has used up 3.44 trees.



Let's try to do better! Perran



FESTIVALS OF FOOD

We're fortunate to have wonderful chefs at our two hospices who conjure up delicious meals for patients, their families and our staff and volunteers. At St Julia's they're going international with a series of food weeks.

The team started with a Burger Mania week and are now heading toward a Chinese Week in June. These will be followed by a Tex Mex week in July and a celebration of Indian food in August.



"I spent 10 days recently with you. I was treated like a king in a 6-star hotel."

(Patient feedback 2023)

N'ice' GESTURE



The entire ward shift popped out to have their picture taken with supporter Kevin Mountford when he donated an ice machine to Mount Edgcumbe Hospice. We cared for his late wife Elaine for seven weeks in the hospice before she sadly died on the 17th of March. He presented the machine to the ward team as a thank you for the care they gave his family.

IN MEMORY OF DARREN

Our thanks go to Liz Biscombe, Shirley Rowe, Samantha Milner and Johanna Ely, pictured here with our Events Fundraiser Jade Hugo and who held a cream tea and raffle in memory of Darren Milner.



He was a patient at Mount Edgcumbe Hospice for seven weeks. They raised an incredible £2,170 in appreciation of the care our teams provided.

thank you

FUNDRAISING GROUP NEWS

BEAUTIFUL BUDE

Bude's beautiful views were on display at a recent Coffee Morning organised by our local fundraisers Gill and Jenny. Jenny kindly opened up her fabulous home at Widemouth Bay and 40+ people turned up.



With cakes galore, there was even some to take home! The event raised an incredible £470 and Jenny has decided at 82 years young that this will probably be her last hosting event. Angela Flamank, our Fundraising Groups Coordinator says; "Thank you Jenny (and Gill for the baking), for all you have done for the Bude Fundraising Group over the years, it's very much appreciated by us all."

FALMOUTH AND ST AGNES

Our Falmouth Fundraising Group have notched up another successful event. This time their supporters devoured Pips Pasties followed by homemade puddings and helped raise a wonderful £592 for our charity. Meanwhile, the St Agnes Fundraising Group held a Spring Coffee Morning in April. Coffee and hot cross buns were served and there were stalls and a raffle resulting in £271.45 being made.

ROARING SUCCESS



It's a very big thank you to everyone at The White Lion Pub in Penzance who organised a huge charity raffle for St Julias Hospice. They collected in over 100 donations of prizes for the event and raised a phenomenal £3207.04! Pictured here are (from left to right) Shelley, Andrea, Jackie (Landlady) and Phylis.

SING-A-LONG-SUPPORT



Lisa Shephard, our Clinical Lead, recently accepted a £450 cheque from the St Ives Community Choir, as she explains;

“What a lovely gathering, I even got to join in a sing song! In the middle of this picture is Helen who’s been a patient at St Julia’s Hospice a couple of times. She speaks very highly of the team there and explained how she felt anxious the first time she went in and thought it was the end, but then received such a warm welcome and fantastic care that she would happily visit if she needed to in the future. Now that’s quite an accolade! Helen’s also donated money to our charity and plans to leave us a gift in her Will.

We also took a picture of some of the hospice team with the cheque and sent it to the choir to say thank you. I’ve now invited the choir members to come and sing at the hospice at Christmas.”

TREMENDOUS TONY



Meet Tony, pictured left, who's 83 and recently took on our 'Your Marathon Your Pace' challenge. His health issues didn't deter him from getting the miles in. You can read about his efforts on his Just Giving page [HERE](#). Tony completed the 26.5 miles in 10 days. Well done and thank you Tony!

You too can take part in this event at any time, in fact when and where it suits you, now or later in the year. Find out more [HERE](#) and literally follow in Tony's footsteps.

GET ON YOUR BIKE!

Our fundraising team offer events for everyone so if walking or running aren't your thing, how about our cycling sportive?



Our Coast and Clay Sportive takes place on Sunday 30th June with spectacular views and short and long routes to suit everyone. The event starts and ends at the stunning Prideaux Place in Padstow. Spread the word and let's make sure everyone can enjoy this popular event. You'll find more details [HERE](#).

RECORD BREAKING RUN FALMOUTH



What a success! Run Falmouth, our popular half marathon, raised a superb £41,224 for our charity this year. It's the biggest total in the event's history, so huge congratulations to everyone who took part, donated and volunteered!



Stand by for an announcement soon on how much our London Marathon runners raised this year - it's going to be another reason to be cheerful!

SAINT'S WAY TREK 2024

Following the success of last year's trek, this proper Cornish challenge is back and promises a local two-day adventure.



**The Saint's
Way Trek
2024**



The picture above shows last year's trek starting in Padstow (it ends in Fowey) and the smiling faces of those who took part and according to their feedback, loved every moment. With camping all together overnight at Mena near Lanivet, it's a chance to share one of the counties historic routes and all for a good cause. Find out more [HERE](#).



OUR LOTTERY



Lottery and shops celebrate top ticket sellers

Lottery Manager Sarah Vincent and administrator Katie Hewitt had a rare few hours out of the office recently to award top ticket sellers their celebratory certificates. Sarah reports; "It's that time of year where we look back on our financial year end figures and we wanted to share that our shop teams raised enough to fund 116 hours of our hospice nurses' care with a bit of friendly competition selling tickets last year!"



In the left photo Sarah Vincent is pictured at our Holmbush shop with Jo Westmore and volunteer Maggie Penrose. The picture on the right features volunteers Wendy and Sharon from our Hayle shop.

Sarah continues: "Tickets sold in our shops give people a one-off chance in our weekly lottery and raffles and I'm delighted a shop bought ticket won our £1,000 top prize in July 2023."



From left to right above - St Columb shop volunteers Lorraine Sullivan and Maggie Wyatt with Katie Hewitt, St Blazey shop Manager Sue Dutton with volunteer Patricia Rippon and Sarah Vincent with the Wadebridge shop team of volunteers Lisa Swiderski and Jenny Curtis with Shop Manager Tracey Symonds.



Sarah adds; "Congratulations to all the shops for joining in and selling tickets and special shout outs go to Holmbush, St Blazey, Hayle, St Columb and Wadebridge shops for their top shop statuses!"



OUR £1,000 WINNERS

Celebrating on the 3rd of May was Mrs Button from Bodmin who won our £1,800 rollover prize!

Our £1,000 prize winners have recently included Mrs Barnes from Wadebridge, Mr Clemow of St Austell, Mrs Bourton who lives in Bodmin and Mr Dennis in Camborne.

Congratulations!

OUR SUMMER RAFFLE

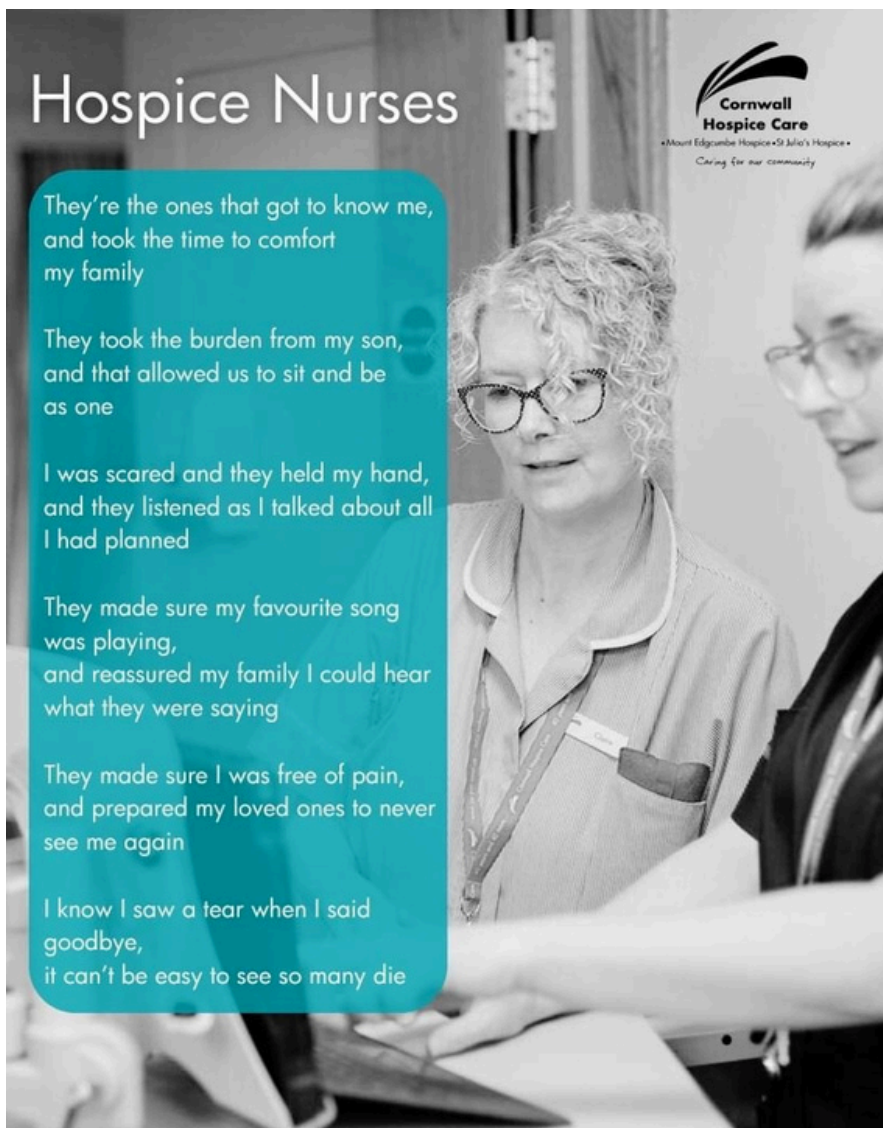


Our Summer Raffle is now launching with a top prize of £2,000 on offer! Supporters will soon be receiving their information and you too can take part and spread the word. Find out more [HERE](#)



CELEBRATING OUR NURSES

Megan Hampton from our PR and Communications team got all poetic just in time for International Nurses Day. We shared her work on our social media channels, but in case you missed it, here's her absolutely lovely words....



GLITTER, KNOWLEDGE AND PRIDE!

On Saturday Mike our Education Facilitator, Lisa Clinical Lead and Megan Marketing and Promotions Officer attended St Austell Pride. Here are a few words from Megan;

“It was a lovely day on Saturday, there was a real buzz and friendly atmosphere around the town. We enjoyed sharing knowledge and glitter with all the people who stopped by. We talked about who we are, advanced care planning and tested knowledge around inclusivity.

We were opposite our shop which meant we got to see lots of the St Austell Town shop team who were all so very helpful!

The next pride event that Cornwall Hospice Care will attend will be Truro on 31st August, please email mthomas@cornwallhospice.co.uk if you'd like to volunteer some time to help on the stand.”



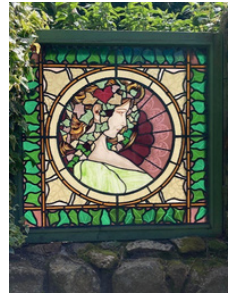
ONE LAST WORD FROM GRAHAM

We've said goodbye to our former Finance Director Graham Clarke who was made famous by the St Austell Voice when they took this infamous picture of him in a lampshade hat (below). He's been travelling and sent us this picture (right) to prove his love of unusual hats hasn't dimmed since he left our charity!



ALL THINGS FLORAL

There's nothing quite like a Cornish spring garden and this year the colours have been delightful and successful. We've already reported on the amount raised at the Open Garden held at Fontana in Tywardreath and there was equally good news at Tremorran, St Just near Penzance. Owner Annie Henry sent us these lovely pictures and confirmed they raised £510, welcoming 55 visitors on the day. She also praised the team of helpers that lent a hand to provide refreshments.



And finally, these are all plants that have bloomed in our own hospice grounds this spring, despite the ever changing weather!



ALL TOGETHER

Cornwall Hospice Care's staff and volunteer newsletter

Please send your stories and pictures to
communications@cornwallhospice.co.uk

